



PARC 
PRŌVENCE

A Community of Well Being for Senior Adults

LOCATION



Nestled in the heart of Creve Coeur and surrounded by its own exquisite gardens, Parc Provence is located on the southwest corner of Highway 270 and Olive. Convenient to exclusive shopping areas, health care and places of worship, Parc Provence provides a secure and supportive lifestyle for senior adults.

A TYPICAL DAY

We have developed the nation's finest programs in a variety of areas to engage and build on each Resident's abilities and strengths. Daily routine supports individual choices with flexible meal times and a varied activity schedule. Residents enjoy meaningful recreation in both small and large group settings as well as individual 1:1 activity. This includes:



- Health and fitness programs
- Creative therapies (music, art, and pet therapies)
- Entertainment
- Spiritual guidance (visits from religious leaders from various denominations)
- Community trips
- Service roles (household duties that enhance life skills or volunteer work)
- Leisure Activities (playing cards, attending or hosting social functions, reading in the library)
- Activities of Daily Living (bathing, dressing, dining, light housekeeping and gardening)

A TYPICAL DAY



- Knitting
- Card Club
- Poetry Club
- Current Events
- Song Writing Club
- Reminisce Therapy
- Brain Teaser Puzzles
- Computer Lab and Technology Exploration

MIND

BODY

- Billiards
- Chair Yoga
- Walking Club
- Shuffle Board
- Golf and Bowling
- Refreshment Breaks
- Strengthening Exercises
- Delicious, Nutritious Meals
- Indoor/Outdoor Gardening
- Advanced Exercise/Personal Training



- Massage
- Live Music
- Pet Therapy
- Art Therapy
- Painting Class
- Music Therapy
- Family/Friends Visits
- Movie Reviews/Theatre
- Happy Hour Social Group
- Beauty and Barber Services
- Tea and Cookies on the Sun Porch
- Beautiful Courtyards and Walking Path

SPIRIT



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CARE PROGRAMS AND FEES



Our unique approach to care begins with a competent, qualified professional staff. They are trained in geriatric rehabilitation, cognitive and restorative therapies and most importantly, to have a positive attitude towards each of our Residents. We believe in a strong partnership with families and

offer support and individualized care for Residents every step of the way.

Memory loss or changes in behavior or moods are some of the early signs of dementia. Because of our specialized training in person-centered care and self-directed programming, we will be able to help families maximize their loved one's quality of life. We will work together to plan for their future and make joint decisions about care and living arrangements.

All caregivers engage our Residents in meaningful activities adapted to their cognitive and physical ability level. Our dynamic approach to care enables each Resident to retain dignity, self respect and a sense of well-being.

CARE PROGRAMS AND FEES

The accommodations for each Resident are designed as part of a Household based on similar Resident abilities and care levels required to meet their needs. Individual Resident spaces feature 9 foot ceilings, optional cable TV and telephone service, a 24-hour emergency response system, bay windows with elegant window treatments, and attractive carpeting and wallpaper. Placement and the subsequent pricing are based on a holistic assessment of each Resident's cognitive and physical abilities.

All prices include the following:

- Social events, programs and activities designed around Residents' interests and tailored to all levels of memory care
- Diverse entertainment programs
- Specialized professionals including art and music therapists for all levels of memory care
- Nursing care 24 hours a day
- Daily housekeeping and laundry service
- Cable TV and telephone capabilities in all Resident rooms
- WiFi for Residents and families
- Individualized activity and physical needs care plan for each Resident
- Quarterly care plan reassessments (or more often if needed)
- Elegant dining with alternate selections
- Special diets as required; healthy snacks between meals
- Religious services for all major denominations

ASSISTED LIVING DAILY RATES

Private Shared Bath	\$250 - \$295
Large Private	\$295 - \$395

SKILLED NURSING DAILY RATES

Private Shared Bath	\$325 - \$380
Small Private*	\$365
Large Private	\$395 - \$445

*Small Private is only available in Lake View

Fees are subject to change.

FEATURES AND AMENITIES



Parc Provence replicates the look, feel and intimacy found in a traditional home. Everything about the innovative and dynamic architecture, interior space and landscaping is sensitively scaled to promote a warm, intimate setting.



Welcome to Parc Provence

FEATURES AND AMENITIES



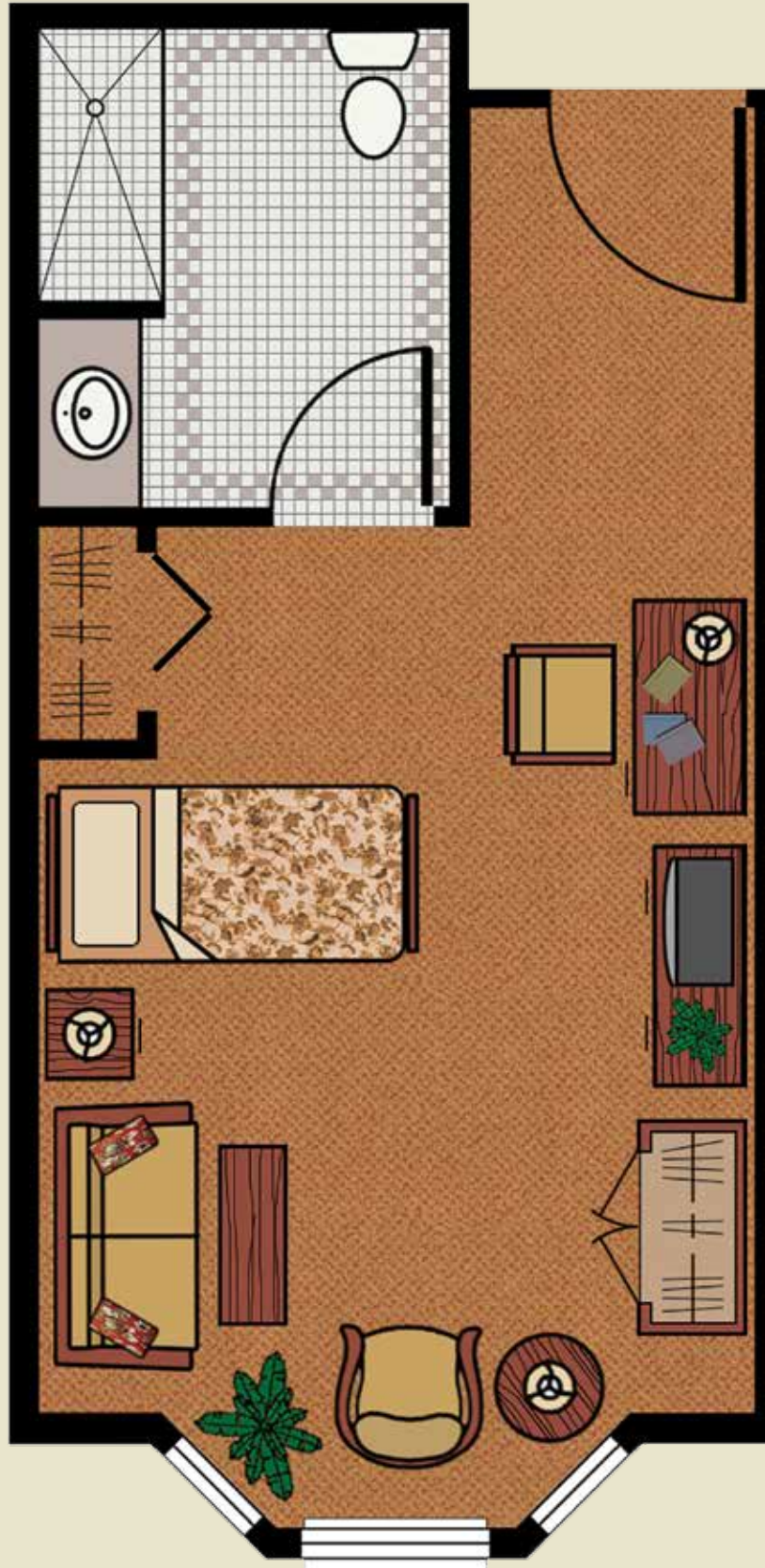
Our elegantly appointed Victorian style Residence is made of five unique and interconnected quaint Households. Each Household is designed to provide an intimate living environment. Walk into the front door of a Household and you'll find it to be like home. Each Household has its own exquisite dining room, living room, kitchen and sunroom. Walk out to your back porch or backyard and beautiful garden. Here Residents have a comfortable place to be in contact with nature in a safe environment.

Each Household opens into a central activity Promenade. This features many interesting and inviting settings, including an Ice Cream Cafe, Bistro, Grand Hall, Gallery, Fire Place Lounge, Private Dining Room and Music Room. The Promenade is accented with beautiful fabrics and furnishings, artwork and accessories that transform both private and community spaces into peaceful, cozy havens.



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PRIVATE ROOM



PRIVATE SHARED BATH

